

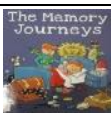




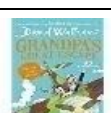
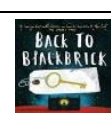



# Recommended resources to raise dementia awareness with Children and Young People

Books		
Grandma by Jessica Shepherd ISBN 13: 9781846436024		KS1. Written from the child's perspective about Grandma going into a home. Q and A from child's perspective.
Grandma's box of memories Helping Grandma to remember by Jean Demetris ISBN: 9781849055178		KS1. Well-illustrated book about creating a box of memories.
The Memory Journeys by C Blanchette and C Draper		KS1. Young Onset dementia. Great accompanying booklet to support discussion and activities. Available from ; <a href="mailto:contact@ypwd.info">contact@ypwd.info</a>
My Grandma has Dementia by Alex Winstanley ISBN: 9798582240631		KS1 / Lower KS2. Simple, rhyming, cartoon like illustrations. Clearly explains what dementia is, how it affects someone (including progression from home to care home), and how to support.
When my Grammy forgets, I remember: A child's perspective on Dementia by Tony Haberkorn ISBN: 9780991623600		KS1 / 2. Outlines the journey for the person affected by dementia and their family.
Me and Mrs Moon by Helen Bate ISBN 978-1-910959-94-7		KS2. Cartoon style. Written from children's perspective, who realise that a dear friend is living with dementia. Outlines their journey in getting help.
Can I tell you about dementia? by Jude Welton ISBN: 9781849052979		KS2 / 3. Written from a person with dementia's perspective, includes some facts and challenges of dementia.
Grandpa's great escape by David Walliams ISBN: 9780007494019		KS2/3. In this humorous tale, a former spitfire pilot escapes from his care home, which is run by the evil Matron Swine.
Back to Black Brick by Sarah Moore Fitzgerald ISBN: 9781444006599		KS3/4. Story about a boy living with his grandfather who has Alzheimer's disease.
A loved one with dementia by Jean Rawitt ISBN:9781538136980		KS4. Insights and tips for teenagers; anecdotes from young people and advice from professionals on positive interactions.

## Films / clips

Memories with Grandma <a href="https://www.youtube.com/watch?v=_QJBVF24cKk">https://www.youtube.com/watch?v=_QJBVF24cKk</a>	KS1/2. Animation explaining what dementia is, how it affects Mo's grandma and ways to help. Linked to Dementia Friends.
Dan's story- Dementia explained Alzheimer's society <a href="https://www.youtube.com/watch?v=Qml4rRaLCEk">https://www.youtube.com/watch?v=Qml4rRaLCEk</a>	KS2. Interview with Dan about his Nan having Alzheimer's disease and living with her diagnosis. Factual but positive.
5 things you should know about dementia <a href="http://www.bit.ly/AlzSocSch1">www.bit.ly/AlzSocSch1</a>	KS2 / KS3. Very short informative clip Famous people outlining dementia facts.
A Walk through Dementia Alzheimer's Research UK <a href="#">A Walk Through Dementia</a>	KS2/3+. Presented in virtual reality through an App or 360 video in YouTube, 3 walks through the home, on the road and in the supermarket which shows everyday life through the eyes of a person living with Dementia. Supports conversations around appropriate interactions. (NB Start of launch video may be deemed unsuitable for some pupils.)
Small changes help make a dementia friendly community <a href="https://www.youtube.com/watch?v=Fz8ACEu7Lho">youtube.com/watch?v=Fz8ACEu7Lho</a>	Upper KS2/KS3/KS4. Shows unhelpful / helpful interactions by the public when someone living with dementia goes out for the day in the community.
Bookcase analogy <a href="#">Alzheimer's Society – Bookcase Analogy - YouTube</a>	KS3. Dementia Friend explanation of the bookcase analogy. Talks about retention of facts / feelings. Outlines changes / care over time.
Your amazing brain- Dementia explained Alzheimer's Research UK <a href="#">Your Amazing Brain - Dementia Explained - Alzheimer's Research UK - YouTube</a>	KS3+. Dementia explained by an expert. Outlines parts of the brain and functions.
Early onset dementia- a daughter's perspective <a href="#">Early onset vascular dementia - A daughter's perspective - My mum has dementia (subtitled) - YouTube</a>	Upper KS3 / KS4. Useful if a young carer is in a school, can be used to help their peers understand the impact of caring.

**Primary-** Key Stage 1 (KS1) 5-7 years ; Key Stage 2 (KS2) 7-11 years

**Secondary-** Key Stage 3 (KS3) 11-14 years ; Key Stage 4 (KS4) 14-16 years

### **Additional websites / resources:**

'Let's Talk About Dementia' is a short animation, created by Dementia UK, to help explain dementia to Primary children.

<https://www.youtube.com/watch?v=IJdLf7gQWJs&feature=youtu.be&bblinkid=118059442&bbemailid=9881363&bbejrid=760230302>

Alzheimer's Research UK website offers information from a young person's perspective, as well as support. There are age specific sections; Young Kids, Juniors, Teens.

[Dementia Explained - Alzheimer's Research UK \(alzheimersresearchuk.org\)](http://alzheimersresearchuk.org)

A booklet of activities suitable for KS2 children, which can support conversations around dementia.  
[https://issuu.com/ws\\_advertising/docs/making\\_sense\\_of\\_dementia](https://issuu.com/ws_advertising/docs/making_sense_of_dementia)