
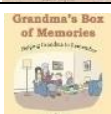
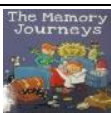




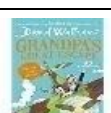
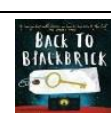



Recommended resources to raise dementia awareness with Children and Young People

| Books | | |
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| Grandma by Jessica Shepherd ISBN 13: 9781846436024 |  | KS1. Written from the child's perspective about Grandma going into a home. Q and A from child's perspective. |
| Grandma's box of memories Helping Grandma to remember by Jean Demetris ISBN: 9781849055178 |  | KS1. Well-illustrated book about creating a box of memories. |
| The Memory Journeys by C Blanchette and C Draper |  | KS1. Young Onset dementia. Great accompanying booklet to support discussion and activities. Available from ; contact@ypwd.info |
| My Grandma has Dementia by Alex Winstanley ISBN: 9798582240631 |  | KS1 / Lower KS2. Simple, rhyming, cartoon like illustrations. Clearly explains what dementia is, how it affects someone (including progression from home to care home), and how to support. |
| When my Grammy forgets, I remember: A child's perspective on Dementia by Tony Haberkorn ISBN: 9780991623600 |  | KS1 / 2. Outlines the journey for the person affected by dementia and their family. |
| Me and Mrs Moon by Helen Bate ISBN 978-1-910959-94-7 |  | KS2. Cartoon style. Written from children's perspective, who realise that a dear friend is living with dementia. Outlines their journey in getting help. |
| Can I tell you about dementia? by Jude Welton ISBN: 9781849052979 |  | KS2 / 3. Written from a person with dementia's perspective, includes some facts and challenges of dementia. |
| Grandpa's great escape by David Walliams ISBN: 9780007494019 |  | KS2/3. In this humorous tale, a former spitfire pilot escapes from his care home, which is run by the evil Matron Swine. |
| Back to Black Brick by Sarah Moore Fitzgerald ISBN: 9781444006599 |  | KS3/4. Story about a boy living with his grandfather who has Alzheimer's disease. |
| A loved one with dementia by Jean Rawitt ISBN:9781538136980 |  | KS4. Insights and tips for teenagers; anecdotes from young people and advice from professionals on positive interactions. |

Films / clips

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|--|--|
| Memories with Grandma https://www.youtube.com/watch?v=_QJBVF24cKk | KS1/2. Animation explaining what dementia is, how it affects Mo's grandma and ways to help. Linked to Dementia Friends. |
| Dan's story- Dementia explained Alzheimer's society https://www.youtube.com/watch?v=Qml4rRaLCEk | KS2. Interview with Dan about his Nan having Alzheimer's disease and living with her diagnosis. Factual but positive. |
| 5 things you should know about dementia www.bit.ly/AlzSocSch1 | KS2 / KS3. Very short informative clip Famous people outlining dementia facts. |
| A Walk through Dementia Alzheimer's Research UK A Walk Through Dementia | KS2/3+. Presented in virtual reality through an App or 360 video in YouTube, 3 walks through the home, on the road and in the supermarket which shows everyday life through the eyes of a person living with Dementia. Supports conversations around appropriate interactions. (NB Start of launch video may be deemed unsuitable for some pupils.) |
| Small changes help make a dementia friendly community youtube.com/watch?v=Fz8ACEu7Lho | Upper KS2/KS3/KS4. Shows unhelpful / helpful interactions by the public when someone living with dementia goes out for the day in the community. |
| Bookcase analogy Alzheimer's Society – Bookcase Analogy - YouTube | KS3. Dementia Friend explanation of the bookcase analogy. Talks about retention of facts / feelings. Outlines changes / care over time. |
| Your amazing brain- Dementia explained Alzheimer's Research UK Your Amazing Brain - Dementia Explained - Alzheimer's Research UK - YouTube | KS3+. Dementia explained by an expert. Outlines parts of the brain and functions. |
| Early onset dementia- a daughter's perspective Early onset vascular dementia - A daughter's perspective - My mum has dementia (subtitled) - YouTube | Upper KS3 / KS4. Useful if a young carer is in a school, can be used to help their peers understand the impact of caring. |

Primary- Key Stage 1 (KS1) 5-7 years ; Key Stage 2 (KS2) 7-11 years

Secondary- Key Stage 3 (KS3) 11-14 years ; Key Stage 4 (KS4) 14-16 years

Additional websites / resources:

'Let's Talk About Dementia' is a short animation, created by Dementia UK, to help explain dementia to Primary children.

<https://www.youtube.com/watch?v=IJdLf7gQWJs&feature=youtu.be&bblinkid=118059442&bbemailid=9881363&bbejrid=760230302>

Alzheimer's Research UK website offers information from a young person's perspective, as well as support. There are age specific sections; Young Kids, Juniors, Teens.

<https://kids.alzheimersresearchuk.org/>

A booklet of activities suitable for KS2 children, which can support conversations around dementia.

https://issuu.com/ws_advertising/docs/making_sense_of_dementia