

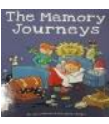






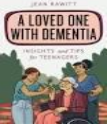


Recommended resources to raise dementia awareness with Children and Young People

Books		
Grandma by Jessica Shepherd ISBN 13: 9781846436024		KS1. Written from the child's perspective about Grandma going into a home. Q and A from child's perspective.
Grandma's box of memories Helping Grandma to remember by Jean Demetris ISBN: 9781849055178		KS1. Well-illustrated book about creating a box of memories.
The Memory Journeys by C Blanchette and C Draper		KS1. Young Onset dementia. Great accompanying booklet to support discussion and activities. Available from ; contact@ypwd.info
My Grandma has Dementia by Alex Winstanley ISBN: 9798582240631		KS1 / Lower KS2. Simple, rhyming, cartoon like illustrations. Clearly explains what dementia is, how it affects someone (including progression from home to care home), and how to support.
When my Grammy forgets, I remember: A child's perspective on Dementia by Tony Haberkorn ISBN: 9780991623600		KS1 / 2. Outlines the journey for the person affected by dementia and their family.
Me and Mrs Moon by Helen Bate ISBN 978-1-910959-94-7		KS2. Cartoon style. Written from children's perspective, who realise that a dear friend is living with dementia. Outlines their journey in getting help.
Can I tell you about dementia? by Jude Welton ISBN: 9781849052979		KS2 / 3. Written from a person with dementia's perspective, includes some facts and challenges of dementia.
Grandpa's great escape by David Walliams ISBN: 9780007494019		KS2/3. In this humorous tale, a former spitfire pilot escapes from his care home, which is run by the evil Matron Swine.
Back to Black Brick by Sarah Moore Fitzgerald ISBN: 9781444006599		KS3/4. Story about a boy living with his grandfather who has Alzheimer's disease.
A loved one with dementia by Jean Rawitt ISBN:9781538136980		KS4. Insights and tips for teenagers; anecdotes from young people and advice from professionals on positive interactions.

Films / clips	
Memories with Grandma	KS1/2. Animation explaining what dementia is, how it affects Mo's grandma and ways to help. Linked to Dementia Friends.
Dan's story - Dementia Explained	KS2. Interview with Dan about his Nan having Alzheimer's disease and living with her diagnosis. Factual but positive. By Alzheimer's Society.
5 things you should know about dementia	KS2 / KS3. Very short informative clip Famous people outlining dementia facts.
A Walk Through Dementia - at home - YouTube A Walk Through Dementia - walking home - YouTube A Walk Through Dementia - at the supermarket - YouTube	KS2/3+. Presented in virtual reality, 3 walks through the home, on the road and in the supermarket which shows everyday life through the eyes of a person living with Dementia. Supports conversations around appropriate interactions. By Alzheimer's Research UK. (NB Start of launch video may be deemed unsuitable for some pupils.)
Small changes to help make a dementia friendly community	Upper KS2/KS3/KS4. Shows unhelpful / helpful interactions by the public when someone living with dementia goes out for the day in the community.
Alzheimer's Society – Bookcase Analogy - YouTube	KS3. Dementia Friend explanation of the bookcase analogy. Talks about retention of facts / feelings. Outlines changes / care over time.
Your Amazing Brain - Dementia Explained - Alzheimer's Research UK - YouTube	KS3+. Dementia explained by an expert. Outlines parts of the brain and functions.
Early onset vascular dementia - A daughter's perspective - My mum has dementia (subtitled) - YouTube	Upper KS3 / KS4. Useful if a young carer is in a school, can be used to help their peers understand the impact of caring.

Primary - Key Stage 1 (KS1) 5-7 years, Key Stage 2 (KS2) 7-11 years

Secondary - Key Stage 3 (KS3) 11-14 years, Key Stage 4 (KS4) 14-16 years

Additional websites / resources:

'Let's Talk About Dementia' is a short animation, created by Dementia UK, to help explain dementia to Primary children.

[Let's talk about dementia](#)

Making sense of dementia is a booklet of activities suitable for KS2 children, which can support conversations around dementia.

[Making sense of dementia](#)

Alzheimer's Research UK website offers information from a young person's perspective, as well as support. There are age specific sections; Young Kids, Juniors, Teens. Some great activities.

[Dementia Explained - Alzheimer's Research UK \(alzheimersresearchuk.org\)](#)

Dementia UK have produced a booklet to support young children when a parent has Young Onset Dementia, including further contacts and resources.

[Supporting children and adolescents when a parent has Young Onset Dementia](#)

iSupport for Young People is an excellent interactive online training and support tool for 11-17 years olds, created by the World Health Organisation. Informative and helpful planning tool for Young Carers.

[iSupport for Young People | iSupport Dementia Courses \(isupportdementiacarers.co.uk\)](#)