

Raising dementia awareness in Bristol schools



Dementia can have a significant impact upon a family and community, as well as the person who is living with dementia. We aim to raise dementia awareness amongst our young people in Bristol schools and to create positive social change, so that we can become more dementia friendly as a city and beyond. By teaching young people about dementia, we can improve knowledge and understanding, as well as empower individuals to make a positive difference to lives.

You can play a part in helping us to achieve this. As one of our ambassadors says;
"You can't change my dementia, but you can change the world I live in."

Did you know ..?

Nearly a third of our young people know someone living with dementia.

A diagnosis of dementia is made every 3 minutes.

There are more than 900,000 people living with dementia in the UK.

This figure is predicted to reach 2 million by 2051.

How is this relevant to your school?

There are clear links to the curriculum and OFSTED framework. Through learning, young people will be encouraged to become more active and responsible citizens.

Educating young people about dementia means that they are more able to protect their own future health and wellbeing.

Through education, we are helping to create a dementia friendly workforce for the future, where young people will be able to support their own and others' lives, professionally as well as personally.

Educating young people and the wider school community about dementia can increase understanding and change attitudes, resulting in reduced fear, stigma and isolation for people living with and affected by dementia.

What I can offer your school:

- * A free assembly raising awareness
- * A free Dementia Friends session for pupils and / or parents, deepening knowledge and understanding and supporting social change
- * Additional free opportunities personalised to your school community

What next?

If you would like more information, please contact me;

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The Dementia Wellbeing Service is a partnership between Alzheimer's Society and the NHS, delivering dementia support services to people affected by dementia in Bristol.

Feedback from Schools

Assembly Y1-6

"The children were really enthused and interested in this topic. It is so important that they are educated and have a good understanding of such a key topic which may well affect their lives at some point. Thank you Sally. It was great!"

Assistant Head teacher,
Hotwells Primary school

Year 12 presentation

"Thank you so much. That was a great talk - really well received by the students. I have never seen the group so focussed during a virtual presentation! There were lots of discussions at the end, and I think it looks as though we will be taking part in Elf day!"

Acting Head of 6th Form,
St Bede's 6th form

Bespoke assembly YR-6

"It has been some time since the last whole school assembly due to the pandemic. This provided a really useful revision of the previous assemblies and workshops that Sally has run at Wansdyke. Children had the opportunity to check on what they could remember from previous sessions and key information was reinforced. As we will be wearing denim for dementia this Friday, it was so useful to know where the money we raise will go and have specific examples that the children could relate to. The children enjoyed the session and were engaged throughout."

Head teacher,
Wansdyke Primary school

Y5 Dementia Friends session

"The children responded well to a new adult leading the session. The activities were relevant to the children's age and stage. The session was well paced and there were enough opportunities for the children to actively engage- drawing, writing, a short quiz, movement, chatting to partners, offering ideas and answering questions."

Inclusion lead,
Westbury-On-Trym C of E
Academy