

### **Delivery updates**

We are now trialling a blended approach to delivery in schools. Initially, there is an offer of assemblies being delivered either face-to-face or virtually. The aim is that this will then be extended to Dementia Friends sessions and other bespoke activities.

A Covid charter will be shared with schools in advance and communication will take place prior to any face-to-face visit, so that its viability is considered on a case-by-case basis.

If you are interested in booking a session in either Term 5 or 6, please do contact me. I am also now taking bookings from September for those planning ahead into the new academic year.

Please find attached my current flyer which can be shared with other staff members or with colleagues in partner schools.

I look forward to hearing from you.

### School engagement

My sincere thanks to the schools and colleges who have engaged during terms 3 and 4, especially to Ashton Gate Primary (below), Elmea Junior, Evergreen Primary, St Bede's Sixth form and Bristol City College. Approximately 1200 pupils and students engaged in a range of virtual assemblies, presentations and Dementia Friends sessions, not only resulting in raising awareness and committing to action, but also to lots of fundraising, which Alzheimer's Society relies upon. Thank you!



### Dementia Action Week 16th - 22nd May 2022

Dementia Action Week is our biggest and longest running awareness campaign. Each year, we work with individuals and organisations across the UK to encourage people to 'act on dementia'. This year's campaign will run from 16th - 22th May and the theme is diagnosis.

Our research shows that the misconception around memory loss being a sign of normal ageing is the biggest barrier to people seeking a dementia diagnosis. With diagnosis rates falling to a five-year low, we want to encourage those who might be living with undiagnosed dementia to come to us for guidance and support and feel empowered to take the next step. For more information about Dementia Action Week 2022, please click Dementia Action Week Alzheimer's Society (alzheimers.org.uk).

> Asking the same question over and over again. over and over again.





### Introduction

My name is Alice Roberts and I have recently taken on the role of 'Schools Engagement Volunteer' with Alzheimer's Society. I will be working alongside Sally Townsend in schools across Bristol, to help raise awareness about dementia within our school communities. As a qualified Learning Support Assistant with several years' experience working and volunteering in schools, as well as personal experience of supporting a loved one living with dementia, I am looking forward to using my skills and experience to support our next generation in learning how to help create inclusive communities, where people affected by dementia are understood, respected and supported.

I look forward to meeting and working with some of your schools over the next few months.



#### Support for Young Carers I am currently working with the Young Carers service due to meeting an increasing number of young people in schools and through our service caseload who are either carers or hidden carers. Up to 1 in 5 secondary schools pupils have a young carer (BBC 2018) and 10% of young carers are aged 10 and under (Census, 2011). They are often a hidden group and without support, caring responsibilities can impact on achievement and wellbeing. Bristol & South Gloucestershire young carers

service work in partnership with the Carers Trust and Children's Society to deliver the free young carers in schools programme which aims to help schools identify hidden young carers and improve their attendance, attainment and wellbeing. Schools can also gain an award for effective practice. Find out more at;

Young carers in schools | Carers Support Centre or contact vickih@carerssupportcentre.org.uk.

Dates

National Volunteers week: 1st - 7th June 2022 National Carers' week; 7th - 12th June 2022

Trek 26 for Alzheimer's Society; May - September www.alzheimers.org.uk/trek26

Forget me Not Appeal (See Wear it Blue for Schools) Forget Me Not Appeal | Alzheimer's Society (alzheimers.org.uk)

Denim for Dementia; any time! https://www.alzheimers.org.uk/get-involved/events-andfundraising/social-events/denim-for-dementia

Memory Walk season; September www.alzheimers.org.uk/memory-walk/find-a-walk/bristol

# Recycle for Alzheimer's Society

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## What we can recycle



Currency

All UK and foreign

coins and notes -

including

obsolete currency

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Stamps Loose/single

stamps, stamp albums, collections



Technology

Mobile phones, cameras, sat navs etc



### **Old jewellery**

Broken and unwanted items – earrings, bracelets, necklaces etc



### Cars

Unwanted vehicles can be recycled via GiveaCar (call 020 7736 4242 or visit GiveaCar.co.uk) ٩

### For more information on how to get involved visit **alzheimers.org.uk** or call us on **0330 333 0804**



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