

Inspiring dementia action in Bristol schools

Dementia can have a significant impact upon a family and community, as well as the person who is living with dementia. We aim to raise dementia awareness amongst our young people in Bristol schools and to create positive social change, so that we can become more dementia friendly as a city and beyond. By teaching young people about dementia, we can improve knowledge and understanding, as well as empower individuals to make a positive difference to people's lives. You can play a part in helping us to achieve this. As one of our ambassadors says;
"You can't change my dementia, but you can change the world I live in."

Did you know ..?

Nearly a third of our young people know someone living with dementia.

A diagnosis of dementia is made every 3 minutes.

There are approximately 1 million people living with dementia in the UK.

This figure is predicted to reach 1.4 million by 2040.

1 in 2 people will be affected by dementia in their lifetime.

How is this relevant to your school?

There are clear links to the curriculum and OFSTED framework. Through learning, young people will be encouraged to become more active and responsible citizens.

Educating young people about dementia means that they will be more able to protect their own health and wellbeing.

Through education, we are helping to create a dementia friendly workforce for the future, where young people will be able to support their own and others' lives professionally, as well as personally.

Educating young people and the wider school community about dementia increases understanding and changes attitudes, resulting in reduced fear, stigma and isolation for people living with and affected by dementia.

What I can offer your school:

- * A free assembly raising awareness of dementia
- * A free Dementia Friends session for pupils, deepening knowledge and understanding and enabling social change
- * Free bespoke sessions sharing lived experience of dementia
- * A range of free sessions for staff and / or parents

What next?

If you would like more information, please contact me;



E: sally.townsend@alzheimers.org.uk

M: 07590 884435



The Dementia Wellbeing Service is a partnership between Alzheimer's Society and the NHS, delivering dementia support services to people affected by dementia in Bristol.

Feedback from Schools

**West Town Lane Academy,
KS1-2 Assembly**

"Sally was an engaging presenter who delivered an appropriate and informative presentation for a broad range of ages. Staff and pupils learnt a lot. Thank you, Sally!"

St John's C of E Primary,

Y1-2 Assembly and Dementia Friends sessions

"Really engaging and meaningful. Clear messages given, lots of practical activities to help the children understand dementia. Good real-life examples of how they can make a difference. Great level and pitching."

Redland Green School,

Y7 Assembly and Dementia Friends sessions

"Sally has a fantastic manner with our students. The information was pitched just right and there were lots of opportunities to ask questions. It was great to have some physical objects e.g. the brain model to help explain things, especially to a student with English as an additional language. This really is breaking stigma!"

Pupil from Oasis Academy Brislington

"I will now make sure people know what dementia is and I will be there for them if they are affected."

St Bede's Catholic College,

Post 16 Presentation including lived experience

"Sally gave a very comprehensive and full definition of dementia and addressed misconceptions. By far the most effective is Sally and the visitor with lived experience's partnership and interview; the room was so quiet and attentive during the session. The passion was so clear. Alzheimer's Society have been invited to our school for 5 years in a row for the simple reason that it is informative and impactful."

**Frome Vale Academy,
KS2 Assembly and**

Y6 Dementia Friends sessions

"Made the information and idea of dementia really accessible for this age group. Got the children involved in problem solving and active thinking. Very real world scenarios discussed."

**Westbury-on-Trym C of E Academy,
Y1 Storytime**

"Pitched at the perfect level for year 1 children. All children engaged and the story was a great way of developing their understanding of dementia. Children enjoyed partaking in the story. The questions at the end really showed that the children's knowledge of dementia had developed since the start of the session. Thank you!!"

Pupil from St Werburgh's Primary

"I think it is important that we understand about dementia because it might happen to someone in our family."