

How does it work?

Every GP practice in Bristol has a named **Dementia Practitioner** and **Dementia Navigator**.

Dementia Practitioners are qualified members of the care team who work closely with the person with dementia and their GP to identify and support people with memory problems and possible dementia.

They can provide Specialist Memory assessments to aid early diagnosis and offer therapeutic interventions to support people and their families at difficult times throughout their illness.

Dementia Navigators are there to support the person who has a diagnosis of dementia and those close to them. Navigators work in a person-centred way to identify local groups and activities in the community that can maintain the independence and enhance the quality of life of the person with dementia. They can also signpost to other agencies and provide information and guidance, alongside practical and emotional support

Where is it based?

The Dementia Wellbeing Service operates from three bases across Bristol, providing a local and personal service. If you already have a diagnosis of dementia, or care for someone who does, please contact us directly via our Access Point. If you do not have a diagnosis or are having problems with your memory, you can access our service through your GP.

Access Point

If you need any advice on referral or have any general enquiries about the Dementia Wellbeing Service you can use our Access Point number.

You can contact the Access Point line on: **0117 904 5151**.

It is open during the following times:

- 08:00 - 20:00 Monday - Friday

You can find out more about the Dementia Wellbeing Service at our website by visiting:

www.bristoldementiawellbeing.org



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About the Dementia Wellbeing Service

What is the Dementia Wellbeing Service?

The **Dementia Wellbeing Service** is a partnership between Alzheimer's Society and Devon Partnership NHS Trust and is responsible for delivering dementia services in Bristol.

The service has been designed to deliver a more personalised package of support for those living with dementia.

We work with various partners from across Bristol, bringing them together to create personalised wellbeing plans for our patients. We support GPs, other health professionals and carers to support those people with dementia.

The **Dementia Wellbeing Service** aims to provide support, guidance and help when, and where people want it - and in a way that suits them.

Who is it for?

Alzheimer's Society estimates that there are 4,500 people living with dementia in Bristol, all of whom will benefit in some way from the care and support offered by the **Dementia Wellbeing Service**.

When designing the service we worked with those living with dementia, their friends, families and carers to understand what they wanted. Everyone we spoke to told us that they want services to support the person with dementia to live as well as possible, for as long as possible - which is what we are here to do.

The **Dementia Wellbeing Service** covers all aspects of dementia care, from diagnosis to end-of life - providing care, support and guidance every step of the way. This includes intensive support for people with the most complex and challenging needs.

For carers and families we will provide practical help, training and advice every step of the way.

For family doctors, care homes, hospitals and other groups - including peer support groups and local community organisations - we will provide education and training to help them deliver the best possible support for those living with dementia.

Where can I find out more?

The **Dementia Wellbeing Service** has a website where you can find out more about what we do at:

www.bristoldementiawellbeing.org

Bristol Mental Health

Visit: www.bristolmentalhealth.org

Devon Partnership NHS Trust

Visit: www.devonpartnership.nhs.uk

Alzheimer's Society

Visit: www.alzheimers.org.uk



Devon Partnership
NHS Trust



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